



Parish of Our Lady & St. Bridget's, West Calder

Sunday 7th February 2021 – 5th Ordinary Sunday of the Year B

Parish Priest: Fr Marcin Motyka SAC STD. Address: 4 West End, West Calder, EH55 8EF.

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Parish of the Archdiocese of St Andrews and Edinburgh, a Charity registered in Scotland – number SC00854

TIME	MASS INTENTIONS	
Saturday No public Mass	People of the parish	
Sunday 11am S	William Kemp (RIP)	
Monday 9.30am S	Francis Doherty (RIP)	
Tuesday No public Mass	Catherine Toner (Anniv)	
Wednesday 9.30am S	Sean Ward (RIP)	St. Scholastica
Thursday No public Mass	Anne Sharky (90th birthday)	
Friday 9.30am S	Harry Cameron (Anniv)	
Saturday No public Mass	Julia Boles & Peggy Kiernan (Anniv)	
Sunday 11am S	Cathie Boyle (Birthday remembrance)	

S – Mass live streamed online

Rosary - Every Sunday 20minutes before Mass we will say Rosary. We need volunteers who would like to phone the parish landline and lead the prayers.

Sunday Liturgy:

Rosary – Laurence Curran

Readings – Cara Thomas

Music – John Lavery

February 11 is the World Day of the Sick.

Please pray for the sick: Willie Gaughan, Elsie Burns, John Toner, Irene McFadden Jackie Flannagan, John & Elizabeth Cairney, Frank McLinden, Margaret Mooney. Jean O'Hagan. Martin Coyne, David McMillan, Irene Eardley, Ella Cassaly. Paul Marshall, Rachel Shiels. Leo Barker, Anne MacKay, Bernard Kane.

Bonus ball winner - No.12 Elizabeth Wynne

West Lothian Foodbanks - The pandemic has never been far from our minds over the last year and it has had an affect on the lives of all of us. As we all know, those who are most vulnerable in our society are the ones who also bear the hardest burden. The 2020 figures for West Lothian Foodbank show an increasing number of people having to rely at some point through the year on the services provided.

Last year there was a 27.5% increase in the number of people who have had to use the Foodbank. The total was 8,619 people of which 5,648 were adults and 2,971 were children provided. The comparable figures for 2019 were in total 6,761 of which 4,444 were adults and 2,320 were children.

Following on from the Reverse Advent Calendar event that many churches, organisations and individuals followed, 648 people were provided with a Christmas meals, this figure includes 263 children.

Also for 2020 there was 235 people supported with Test & Protect packs which supported the two week period of self isolation. Some other 2020 figures are that it was the equivalent of 1 in 17 households in West Lothian getting support for a week and that the equivalent of 1 in 20 individuals were given a week of support. The average number of people supported each week in 2020 was 166 people and in the first full week of 2021 242 people were supported. It is therefore with grateful thanks that all the donations of food and other items are acknowledged. I also thank you for the prayerful support that has been given to the work of the Foodbank and to the support of the clients, the volunteers and the staff. Kind regards Douglas Horn

Faith in the Time of Covid

Archbishop Cushley invites you to join the remaining series of Sunday talks from distinguished speakers who will offer their thoughts and approach to the pandemic. Each event is free and lasts 30 mins. All events will be broadcast on YouTube at bit.ly/ArchYouTube

Dr Mary Rice Hasson, 5pm, 07 Feb. Register bit.ly/FaithCovid-Hasson

Professor John Haldane, 5pm 14 Feb. Register: bit.ly/FaithCovid-Haldane

Rt Hon Gordon Brown, 5pm, 21 Feb. Register bit.ly/FaithCovid-Brown

Couples' Retreat

Married and engaged couples are invited to a Valentine's retreat. It features specially prepared video reflections from Canon John Udris, Spiritual Director at St Mary's College, Oscott (Birmingham), to help you grow together in Faith. It takes place on Zoom at 3:00pm, Saturday 13 February and lasts 90 mins. This is a free event organised by the Archdiocesan Marriage Commission. Register now at bit.ly/CouplesRetreat2021

INSPIRE - Lent Talks

Register now for the Archdiocese's INSPIRE talk series for Lent. Guest speakers will guide you prayerfully through the season. All talks on Zoom, 7-8pm.

TALK 1: Becoming Saints Today: Unlocking the Present Moment, with Sr Anna Marie McGuan. 7pm, Tue 16 Feb. Register: bit.ly/LentMcGuan.

TALK 2: Songs of the Redemption: The Benedictine Liturgy of the Hours, with Brother Joseph Carron. 7pm, Tue 02 Mar. Register: bit.ly/LentCarron.

TALK 3: Prayer as a Relationship Reflected in St Teresa of Avila, with Sr Sally Rollo. 7pm, Tue 16 March. Register: bit.ly/LentRollo

TALK 4: Praying the Passion according to St Mark, with Archbishop Leo Cushley. 7pm, Tue 23 March. Register: bit.ly/LentCushley

Pro-Life Stations of the Cross

Stations of the Cross, organised by the Archdiocesan Pro-Life Office, will take place each Monday evening of Lent at 7:45pm. The Stations will be followed by a short reflection by one of our priests. You can register now on Eventbrite: <http://standrewsandedinburgh.eventbrite.com>

Marriage courses

If you are getting married you must give the parish priest at least six months' notice and you will need to attend a marriage preparation course. Here are the available dates: March - Friday/Saturday 26/27. April - Friday/Saturday 23/24 May - Friday/Saturday 21/22. Spaces are filling up fast so please register now in consultation with the parish priest. Download an application form from the Resources section at <https://archedinburgh.org/pastoral-governance/marriage-families/>. Alternatively, email irene.furlong@staned.org.uk (0131 623 8900). Marriage courses are currently taking place on Zoom.

St Margaret Lecture

Sister Catherine Droste OP will give this year's St Margaret of Scotland Lecture. Archbishop Cushley will conclude the event with a reflection. It takes place online on Wednesday, 10 February, 4:00-5:30pm. Registration details at <https://events.st-andrews.ac.uk/>

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Stay updated

To receive a monthly update from the Archdiocese straight to your inbox, subscribe at archedinburgh.org/news-events (scroll to bottom of page). Or email matthew.meade@staned.org.uk and put 'subscribe me' in the subject bar. The December update can be found at bit.ly/ArchDecUpdate.

Please see our parish website for more info about:



*'Not to be served but to serve'
Mark, Jesus and Us*

An Online Recollection for Priests & Deacons in Scotland
with Father Tom Kilbride

Thursday 11th February 2021
From 2.00pm - 4.00pm

To register for this online Recollection visit:
www.bcos.org.uk/clergy
(A Zoom access link will be emailed in advance)

For further support email queries to:
clergy@bcos.org.uk



INSPIRE

Lenten Prayer Talks

Becoming Saints Today: Unlocking the Present Moment

Tuesday 16 February | 7pm-8pm

Register: bit.ly/LentMcGuan



Sr Anna Marie McGuan
Sisters of Mercy
St Andrew's Convent, Edinburgh

Songs of the Redemption: The Benedictine Liturgy of the Hours

Tuesday 02 March | 7pm-8pm

Register: bit.ly/LentCarron



Br Joseph Carron
Benedictine Monk
Pluscarden Abbey, Elgin

Prayer as a Relationship as Reflected in St Teresa of Avila

Tuesday 16 March | 7pm-8pm

Register: bit.ly/LentRollo



Sr Sally Rollo
Discalced Carmelites
Carmelite Monastery, Dysart

Praying the Passion According to St Mark

Tuesday 23 March | 7pm-8pm

Register: bit.ly/LentCushley



Archbishop Leo Cushley
Archdiocese of
St Andrews & Edinburgh



ALL TALKS ORGANISED BY THE CATECHETICS COMMISSION
OF THE ARCHDIOCESE OF ST ANDREWS & EDINBURGH

TIME TO REFLECT | TIME TO PRAY

WE INVITE MARRIED & ENGAGED COUPLES TO OUR

Couples' Retreat

Gathered and Sent: Marriage as Vocation and Mission

SAT 13 FEBRUARY | 3:00PM-4:30PM

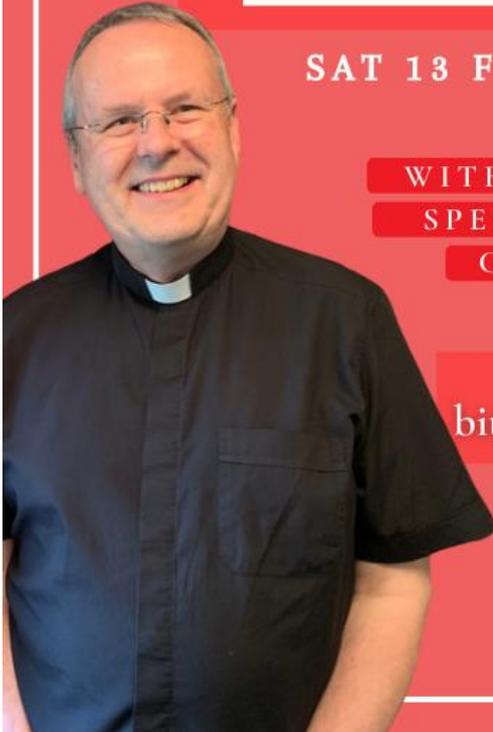
WITH VIDEO REFLECTIONS 

SPECIALLY PREPARED BY

CANON JOHN UDRIS

REGISTER AT

bit.ly/CouplesRetreat2021



MARRIAGE AND
FAMILY LIFE
COMMISSION



Zoom
FREE
EVENT

EXPLORE THE FAITH

(FROM THE COMFORT OF YOUR COUCH) 

DIPLOMA IN CATECHETICS | ONE YEAR ONLINE COURSE

Grab your laptop. Put the kettle on.
Then join people across the Archdiocese
each week to learn and share
our Catholic Faith.



EACH THURSDAY 7:30PM ON ZOOM

BEGINS JANUARY 2021 | COST £100



For further details and to register contact Sr Anna Marie McGuan,
Diocesan Catechetical Advisor. Email: sranna.marie@staned.org.uk

ARCHDIOCESE OF ST ANDREWS & EDINBURGH | COMMISSION FOR CATECHETICS

THE BRUNCH CLUB



During the COVID19 crisis The Brunch Club @ home can deliver a two course meal (cooked and chilled for reheating) – and maybe some extra goodies! – to elderly, vulnerable and isolated people in our community. There is no charge for this service but there will be an opportunity to donate later when it is safe to do so.

Deliveries will be made by our kind volunteer group.

If you know anyone who could benefit from this please do let them know.

All you need to do is phone once to register and let us take it from there.

Steps to register

1. Call our hotline on **07926 172029** (this number is also on Polbeth Hubs support leaflet).
Leave a message if no one answers with the following info: name, address and contact telephone
2. Someone will call you back to confirm details and then we will call each week for the following weeks order

Your chilled meal will be delivered between 11.30 and 1pm each day.

All meals will come in microwavable tubs that are re-usable so please wash them and leave them out when you get your next meal.
These will be sterilised and reused if possible.

Like you, we don't know exactly what's around the corner and things might change depending on government guidelines and demand but we are committed to doing as much as we can and will keep you posted regularly.

Thanks and be safe.

MEMORARE Prayer

REMEMBER, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly to thee, O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

An Act of Spiritual Communion

My Jesus,

I believe that You are present in the Most Holy Sacrament.

I love You above all things,

and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You.

Amen.